Baylor University

Baylor University Health Services
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https://www.baylor.edu/healthservices/

For Immediate Release

BAYLOR HEALTH SERVICES HOST NIGHT LASER TAG AT FOUNTAIN MALL

WACO, Texas, March 25, 2021 – Baylor Health Services will host night laser tag at Fountain Mall for professors and students April 12 to April 17, 8 p.m. to 12 a.m. to decrease stress levels. Professors and students can sign-up for a time slot online.

Laser tag equipment can be rented upon presentation of a valid Baylor ID. Individuals and groups can sign-up. Slots are 30 minutes each with a maximum of 150 people per slot. Spaces are first come, first served.

During the pandemic it is vital to maintain mental and physical health. Baylor Health Services recommends students and professors stay active to reduce stress and boost moods.

"With all the added stress that's accompanied COVID-19 at Baylor, I definitely think the further availability of recreational activities would be a great way to take a load off our shoulders," Baylor Student Mitch Martina said.

For more information on Baylor Health Services and the resources offered, visit the website.

About Baylor Health Services

The Baylor University Health Services are committed to caring for students' health and meeting their needs. Baylor Health Services offers various resources, such as counseling, physical therapy, educational tools and general appointments.

Contact: Makayla Smith at 713-517-0477 or Makayla_smith1@baylor.edu. Contact Baylor Health Services on Facebook, Instagram, Twitter or visit https://www.baylor.edu/healthservices/. Baylor University Health Services is located at 209 Speight Ave., Waco, TX 76798 in the McLane Student Life Center on the second floor.

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To: Lariat Staff Writer Mallory Harris
Subject Line: Baylor Health Services Host Night Laser Tag at Fountain Mall for Professors and Students

Hi Mallory,

I enjoy reading your articles in the arts and life section of the Lariat.

It may interest you to know that Baylor Health Services will host night laser tag at Fountain Mall for professors and students April 12 to April 17, 8 p.m. to 12 a.m.

Baylor Health Services want to encourage students' and professors' physical activity by providing a fun and unique opportunity on campus.

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I have also included a quote from a student.

"With all the added stress that's accompanied COVID-19 at Baylor, I definitely think the further availability of recreational activities would be a great way to take a load off our shoulders," Baylor Student Mitch Martina said.

You can learn more about the health services at Baylor on their website. I recommend connecting with Medical Director Sharon Stern for her expertise in medical affairs on campus.

Please let me know if you would be interested in discussing this event further or if you have questions about any of the details.

Best regards,
Makayla Smith